

ESSENTIAL WORKS OF
FOUCAULT
1954-1984

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1954-1984

VOLUME THREE

2000



THE NEW PRESS
NEW YORK

THE SUBJECT AND POWER *

WHY STUDY POWER:
THE QUESTION OF THE SUBJECT

The ideas I would like to discuss here represent neither a theory nor a methodology.

I would like to say, first of all, what has been the goal of my work during the last twenty years. It has not been to analyze the phenomena of power, nor to elaborate the foundations of such an analysis.

My objective, instead, has been to create a history of the different modes by which, in our culture, human beings are made subjects. My work has dealt with three modes of objectification that transform human beings into subjects.

The first is the modes of inquiry that try to give themselves the status of sciences; for example, the objectivizing of the speaking subject in *grammaire générale*, philology, and linguistics. Or again, in this first mode, the objectivizing of the productive subject, the subject who labors, in the analysis of wealth and of economics. Or, a third example, the objectivizing of the sheer fact of being alive in natural history or biology.

In the second part of my work, I have studied the objectivizing of the subject in what I shall call "dividing practices." The subject is either divided inside himself or divided from others. This process objectivizes him. Examples are the mad and the sane, the sick and the healthy, the criminals and the "good boys."

Finally, I have sought to study—it is my current work—the way a human being turns him- or herself into a subject. For example, I have chosen the domain of sexuality—how men have learned to recognize themselves as subjects of "sexuality."

Thus, it is not power, but the subject, that is the general theme of my research.

It is true that I became quite involved with the question of power. It soon appeared to me that, while the human subject is placed in relations of production and of signification, he is equally placed in power relations that are very complex. Now, it seemed to me that economic history and theory provided a good instrument for relations of production, and that linguistics and semiotics offered instruments for studying relations of signification—but for power relations we had no tools of study. We had recourse only to ways of thinking about power based on legal models, that is: What legitimates power? Or we had recourse to ways of thinking about power based on institutional models, that is: What is the state?

It was therefore necessary to expand the dimensions of a definition of power if one wanted to use this definition in studying the objectivizing of the subject.

Do we need a theory of power? Since a theory assumes a prior objectification, it cannot be asserted as a basis for analytical work. But this analytical work cannot proceed without an ongoing conceptualization. And this conceptualization implies critical thought—a constant checking.

The first thing to check is what I should call the "conceptual needs." I mean that the conceptualization should not be founded on a theory of the object—the conceptualized object is not the single criterion of a good conceptualization. We have to know the historical conditions that motivate our conceptualization. We need a historical awareness of our present circumstance.

The second thing to check is the type of reality with which we are dealing.

A writer in a well-known French newspaper once expressed his surprise: "Why is the notion of power raised by so many people today? Is it such an important subject? Is it so independent that it can be discussed without taking into account other problems?"

This writer's surprise amazes me. I feel skeptical about the as-

sumption that this question has been raised for the first time in the twentieth century. Anyway, for us it is not only a theoretical question but a part of our experience. I'd like to mention only two "pathological forms"—those two "diseases of power"—fascism and Stalinism. One of the numerous reasons why they are so puzzling for us is that, in spite of their historical uniqueness, they are not quite original. They used and extended mechanisms already present in most other societies. More than that: in spite of their own internal madness, they used, to a large extent, the ideas and the devices of our political rationality.

What we need is a new economy of power relations—the word "economy" being used in its theoretical and practical sense. To put it in other words: since Kant, the role of philosophy is to prevent reason from going beyond the limits of what is given in experience. But from the same moment—that is, since the development of the modern state and the political management of society—the role of philosophy is also to keep watch over the excessive powers of political rationality. This is a rather high expectation.

Everybody is aware of such banal facts. But the fact that they're banal does not mean they don't exist. What we have to do with banal facts is to discover—or try to discover—which specific and perhaps original problem is connected with them.

The relationship between rationalization and excesses of political power is evident. And we should not need to wait for bureaucracy or concentration camps to recognize the existence of such relations. But the problem is: What to do with such an evident fact?

Shall we try reason? To my mind, nothing would be more sterile. First, because the field has nothing to do with guilt or innocence. Second, because it is senseless to refer to reason as the contrary entity to nonreason. Lastly, because such a trial would trap us into playing the arbitrary and boring part of either the rationalist or the irrationalist.

Shall we investigate this kind of rationalism which seems to be specific to our modern culture and which originates in Enlightenment? I think that was the approach of some of the members of the Frankfurt School. My purpose, however, is not to start a discussion of their works, although they are most important and valuable. Rather, I would suggest another way of investigating the links between rationalization and power.

It may be wise not to take as a whole the rationalization of society or of culture but to analyze such a process in several fields, each with reference to a fundamental experience: madness, illness, death, crime, sexuality, and so forth.

I think that the word "rationalization" is dangerous. What we have to do is analyze specific rationalities rather than always invoking the progress of rationalization in general.

Even if the Enlightenment has been a very important phase in our history and in the development of political technology, I think we have to refer to much more remote processes if we want to understand how we have been trapped in our own history.

I would like to suggest another way to go further toward a new economy of power relations, a way that is more empirical, more directly related to our present situation, and one that implies more relations between theory and practice. It consists in taking the forms of resistance against different forms of power as a starting point. To use another metaphor, it consists in using this resistance as a chemical catalyst so as to bring to light power relations, locate their position, find out their point of application and the methods used. Rather than analyzing power from the point of view of its internal rationality, it consists of analyzing power relations through the antagonism of strategies.

For example, to find out what our society means by "sanity," perhaps we should investigate what is happening in the field of insanity.

And what we mean by "legality" in the field of illegality.

And, in order to understand what power relations are about, perhaps we should investigate the forms of resistance and attempts made to dissociate these relations.

As a starting point, let us take a series of oppositions that have developed over the last few years: opposition to the power of men over women, of parents over children, of psychiatry over the mentally ill, of medicine over the population, of administration over the ways people live.

It is not enough to say that these are anti-authority struggles; we must try to define more precisely what they have in common.

1. They are "transversal" struggles, that is, they are not limited to one country. Of course, they develop more easily and to a

greater extent in certain countries, but they are not confined to a particular political or economic form of government.

2. The target of these struggles is power effects as such. For example, the medical profession is criticized not primarily because it is a profit-making concern but because it exercises an uncontrolled power over people's bodies, their health and their life and death.
3. These are "immediate" struggles for two reasons. In such struggles, people criticize instances of power that are the closest to them, those which exercise their action on individuals. They look not for the "chief enemy" but for the immediate enemy. Nor do they expect to find a solution to their problem at a future date (that is, liberations, revolutions, end of class struggle). In comparison with a theoretical scale of explanations or a revolutionary order that polarizes the historian, they are anarchistic struggles.

But these are not their most original points. The following seem to me to be more specific.

4. They are struggles that question the status of the individual. On the one hand, they assert the right to be different and underline everything that makes individuals truly individual. On the other hand, they attack everything that separates the individual, breaks his links with others, splits up community life, forces the individual back on himself, and ties him to his own identity in a constraining way.

These struggles are not exactly for or against the "individual"; rather, they are struggles against the "government of individualization."

5. They are an opposition to the effects of power linked with knowledge, competence, and qualification—struggles against the privileges of knowledge. But they are also an opposition against secrecy, deformation, and mystifying representations imposed on people.

There is nothing "scientific" in this (that is, a dogmatic belief in the value of scientific knowledge), but neither is it a skeptical or relativistic refusal of all verified truth. What is

questioned is the way in which knowledge circulates and functions, its relations to power. In short, the regime of knowledge [*savoir*].

6. Finally, all these present struggles revolve around the question: Who are we? They are a refusal of these abstractions, of economic and ideological state violence, which ignore who we are individually, and also a refusal of a scientific or administrative inquisition that determines who one is.

To sum up, the main objective of these struggles is to attack not so much such-or-such institution of power, or group, or elite, or class but, rather, a technique, a form of power.

This form of power that applies itself to immediate everyday life categorizes the individual, marks him by his own individuality, attaches him to his own identity, imposes a law of truth on him that he must recognize and others have to recognize in him. It is a form of power that makes individuals subjects. There are two meanings of the word "subject": subject to someone else by control and dependence, and tied to his own identity by a conscience or self-knowledge. Both meanings suggest a form of power that subjugates and makes subject to.

Generally, it can be said that there are three types of struggles: against forms of domination (ethnic, social, and religious); against forms of exploitation that separate individuals from what they produce; or against that which ties the individual to himself and submits him to others in this way (struggles against subjection [*assujettissement*], against forms of subjectivity and submission).

I think that in history you can find a lot of examples of these three kinds of social struggles, either isolated from each other, or mixed together. But even when they are mixed, one of them, most of the time, prevails. For instance, in feudal societies, the struggles against the forms of ethnic or social domination were prevalent, even though economic exploitation could have been very important among the causes of revolt.

In the nineteenth century, the struggle against exploitation came into the foreground.

And nowadays, the struggle against the forms of subjection—

against the submission of subjectivity—is becoming more and more important, even though the struggles against forms of domination and exploitation have not disappeared. Quite the contrary.

I suspect that it is not the first time that our society has been confronted with this kind of struggle. All those movements that took place in the fifteenth and sixteenth centuries, which had the Reformation as their main expression and result, should be analyzed as a great crisis of the Western experience of subjectivity and a revolt against the kind of religious and moral power that gave form, during the Middle Ages, to this subjectivity. The need to take a direct part in spiritual life, in the work of salvation, in the truth that lies in the Book—all that was a struggle for a new subjectivity.

I know what objections can be made. We can say that all types of subjection are derived phenomena, that they are merely the consequences of other economic and social processes: forces of production, class struggle, and ideological structures that determine the form of subjectivity.

It is certain that the mechanisms of subjection cannot be studied outside their relation to the mechanisms of exploitation and domination. But they do not merely constitute the “terminal” of more fundamental mechanisms. They entertain complex and circular relations with other forms.

The reason this kind of struggle tends to prevail in our society is due to the fact that, since the sixteenth century, a new political form of power has been continuously developing. This new political structure, as everybody knows, is the state. But most of the time, the state is envisioned as a kind of political power that ignores individuals, looking only at the interests of the totality or, I should say, of a class or a group among the citizens.

That’s quite true. But I’d like to underline the fact that the state’s power (and that’s one of the reasons for its strength) is both an individualizing and a totalizing form of power. Never, I think, in the history of human societies—even in the old Chinese society—has there been such a tricky combination in the same political structures of individualization techniques and of totalization procedures.

This is due to the fact that the modern Western state has integrated into a new political shape an old power technique that originated in Christian institutions. We can call this power technique “pastoral power.”

First of all, a few words about this pastoral power.

It has often been said that Christianity brought into being a code of ethics fundamentally different from that of the ancient world. Less emphasis is usually placed on the fact that it proposed and spread new power relations throughout the ancient world.

Christianity is the only religion that has organized itself as a Church. As such, it postulates in principle that certain individuals can, by their religious quality, serve others not as princes, magistrates, prophets, fortune-tellers, benefactors, educationalists, and so on, but as pastors. However, this word designates a very special form of power.

1. It is a form of power whose ultimate aim is to assure individual salvation in the next world.
2. Pastoral power is not merely a form of power that commands; it must also be prepared to sacrifice itself for the life and salvation of the flock. Therefore, it is different from royal power, which demands a sacrifice from its subjects to save the throne.
3. It is a form of power that looks after not just the whole community but each individual in particular, during his entire life.
4. Finally, this form of power cannot be exercised without knowing the inside of people’s minds, without exploring their souls, without making them reveal their innermost secrets. It implies a knowledge of the conscience and an ability to direct it.

This form of power is salvation-oriented (as opposed to political power). It is oblativistic (as opposed to the principle of sovereignty); it is individualizing (as opposed to legal power); it is coextensive and continuous with life; it is linked with a production of truth—the truth of the individual himself.

But all this is part of history, you will say; the pastorate has, if not disappeared, at least lost the main part of its efficacy.

This is true, but I think we should distinguish between two aspects of pastoral power—between the ecclesiastical institutionalization that has ceased or at least lost its vitality since the eighteenth century, and its function, which has spread and multiplied outside the ecclesiastical institution.

An important phenomenon took place around the eighteenth century—it was a new distribution, a new organization of this kind of individualizing power.

I don't think that we should consider the "modern state" as an entity that was developed above individuals, ignoring what they are and even their very existence, but, on the contrary, as a very sophisticated structure in which individuals can be integrated, under one condition: that this individuality would be shaped in a new form, and submitted to a set of very specific patterns.

In a way, we can see the state as a modern matrix of individualization, or a new form of pastoral power.

A few more words about this new pastoral power.

1. We may observe a change in its objective. It was a question no longer of leading people to their salvation in the next world but, rather, ensuring it in this world. And in this context, the word "salvation" takes on different meanings: health, well-being (that is, sufficient wealth, standard of living), security, protection against accidents. A series of "worldly" aims took the place of the religious aims of the traditional pastorate, all the more easily because the latter, for various reasons, had followed in an accessory way a certain number of these aims; we only have to think of the role of medicine and its welfare function assured for a long time by the Catholic and Protestant churches.
2. Concurrently, the officials of pastoral power increased. Sometimes this form of power was exerted by state apparatus or, in any case, by a public institution such as the police. (We should not forget that in the eighteenth century the police force was invented not only for maintaining law and order, nor for assisting governments in their struggle against their enemies, but also for assuring urban supplies, hygiene, health and standards considered necessary for handicrafts and commerce.) Sometimes the power was exercised by private ventures, welfare societies, benefactors, and generally by philanthropists. But ancient institutions, for example the family, were also mobilized at this time to take on pastoral functions. It was also exercised by complex structures such as medicine, which in-

cluded private initiatives with the sale of services on market economy principles but also included public institutions such as hospitals.

3. Finally, the multiplication of the aims and agents of pastoral power focused the development of knowledge of man around two roles: one, globalizing and quantitative, concerning the population; the other, analytical, concerning the individual.

And this implies that power of a pastoral type, which over centuries—for more than a millennium—had been linked to a defined religious institution, suddenly spread out into the whole social body. It found support in a multitude of institutions. And, instead of a pastoral power and a political power, more or less linked to each other, more or less in rivalry, there was an individualizing "tactic" that characterized a series of powers: those of the family, medicine, psychiatry, education, and employers.

At the end of the eighteenth century, Kant wrote in a German newspaper—the *Berliner Monatschrift*—a short text. The title was *Was heisst Aufklärung?* [*What is Enlightenment?*]. It was for a long time, and it is still, considered a work of relatively little importance.

But I can't help finding it very interesting and puzzling because it was the first time a philosopher proposed as a philosophical task to investigate not only the metaphysical system or the foundations of scientific knowledge but a historical event—a recent, even a contemporary event.

When in 1784 Kant asked "What is Enlightenment?" he meant, "What's going on just now? What's happening to us? What is this world, this period, this precise moment in which we are living?"

Or in other words: What are we, as *Aufklärer*, as part of the Enlightenment? Compare this with the Cartesian question: Who am I? I, as a unique but universal and unhistorical subject? I, for Descartes, is everyone, anywhere at any moment.

But Kant asks something else: What are we? in a very precise moment of history. Kant's question appears as an analysis of both us and our present.

I think that this aspect of philosophy took on more and more importance. Hegel, Nietzsche . . .

The other aspect of "universal philosophy" didn't disappear. But

the task of philosophy as a critical analysis of our world is something that is more and more important. Maybe the most certain of all philosophical problems is the problem of the present time, and of what we are, in this very moment.

Maybe the target nowadays is not to discover what we are but to refuse what we are. We have to imagine and to build up what we could be to get rid of this kind of political "double bind," which is the simultaneous individualization and totalization of modern power structures.

The conclusion would be that the political, ethical, social, philosophical problem of our days is not to try to liberate the individual from the state, and from the state's institutions, but to liberate us both from the state and from the type of individualization linked to the state. We have to promote new forms of subjectivity through the refusal of this kind of individuality that has been imposed on us for several centuries.

HOW IS POWER EXERCISED?

For some people, asking questions about the "how" of power means limiting oneself to describing its effects without ever relating those effects either to causes or to a basic nature. It would make this power a mysterious substance that one avoids interrogating in itself, no doubt because one prefers *not* to call it into question. By proceeding this way, which is never explicitly justified, these people seem to suspect the presence of a kind of fatalism. But does not their very distrust indicate a presupposition that power is something that exists with its own distinct origin, basic nature, and manifestations?

If, for the time being, I grant a certain privileged position to the question of "how," it is not because I would wish to eliminate the questions of "what" and "why." Rather, it is that I wish to present these questions in a different way—better still, to know if it is legitimate to imagine a power that unites in itself a what, a why, and a how. To put it bluntly, I would say that to begin the analysis with a "how" is to introduce the suspicion that power as such does not exist. It is, in any case, to ask oneself what contents one has in mind when using this grand, all-embracing, and reifying term; it is to suspect that an extremely complex configuration of realities is al-

lowed to escape while one endlessly marks time before the double question: what is power, and where does power come from? The flat and empirical little question, "What happens?" is not designed to introduce by stealth a metaphysics or an ontology of power but, rather, to undertake a critical investigation of the thematics of power.

"How?" not in the sense of "How does it manifest itself?" but "How is it exercised?" and "What happens when individuals exert (as we say) power over others?"

As far as this power is concerned, it is first necessary to distinguish that which is exerted over things and gives the ability to modify, use, consume, or destroy them—a power that stems from aptitudes directly inherent in the body or relayed by external instruments. Let us say that here it is a question of "capacity." On the other hand, what characterizes the power we are analyzing is that it brings into play relations between individuals (or between groups). For let us not deceive ourselves: if we speak of the power of laws, institutions, and ideologies, if we speak of structures or mechanisms of power, it is only insofar as we suppose that certain persons exercise power over others. The term "power" designates relationships between "partners" (and by that I am not thinking of a game with fixed rules but simply, and for the moment staying in the most general terms, of an ensemble of actions that induce others and follow from one another).

It is necessary also to distinguish power relations from relationships of communication that transmit information by means of a language, a system of signs, or any other symbolic medium. No doubt, communicating is always a certain way of acting upon another person or persons. But the production and circulation of elements of meaning can have as their objective or as their consequence certain results in the realm of power; the latter are not simply an aspect of the former. Whether or not they pass through systems of communication, power relations have a specific nature.

Power relations, relationships of communication, objective capacities should not therefore be confused. This is not to say that there is a question of three separate domains. Nor that there is, on the one hand, the field of things, of perfected technique, work, and the transformation of the real, and, on the other, that of signs, com-

munication, reciprocity, and the production of meaning; finally that of the domination of the means of constraint, of inequality and the action of men upon other men.¹ It is a question of three types of relationships that in fact always overlap one another, support one another reciprocally, and use each other mutually as means to an end. The application of objective capacities in their most elementary forms implies relationships of communication (whether in the form of previously acquired information or of shared work); it is tied also to power relations (whether they consist of obligatory tasks, of gestures imposed by tradition or apprenticeship, of subdivisions or the more or less obligatory distribution of labor). Relationships of communication imply goal-directed activities (even if only the correct putting into operation of directed elements of meaning) and, by modifying the field of information between partners, produce effects of power. Power relations are exercised, to an exceedingly important extent, through the production and exchange of signs; and they are scarcely separable from goal-directed activities that permit the exercise of a power (such as training techniques, processes of domination, the means by which obedience is obtained), or that, to enable them to operate, call on relations of power (the division of labor and the hierarchy of tasks).

Of course, the coordination between these three types of relationships is neither uniform nor constant. In a given society, there is no general type of equilibrium between goal-directed activities, systems of communication, and power relations; rather, there are diverse forms, diverse places, diverse circumstances or occasions in which these interrelationships establish themselves according to a specific model. But there are also "blocks" in which the adjustment of abilities, the resources of communication, and power relations constitute regulated and concerted systems. Take, for example, an educational institution: the disposal of its space, the meticulous regulations that govern its internal life, the different activities that are organized there, the diverse persons who live there or meet one another, each with his own function, his well-defined character—all these things constitute a block of capacity-communication-power. Activity to ensure learning and the acquisition of aptitudes or types of behavior works via a whole ensemble of regulated communications (lessons, questions and answers, orders, exhortations, coded signs of obedience, differential marks of the

"value" of each person and of the levels of knowledge) and by means of a whole series of power processes (enclosure, surveillance, reward and punishment, the pyramidal hierarchy).

These blocks, in which the deployment of technical capacities, the game of communications, and the relationships of power are adjusted to one another according to considered formulae, constitute what one might call, enlarging a little the sense of the word, "disciplines." The empirical analysis of certain disciplines as they have been historically constituted presents for this very reason a certain interest. This is so because the disciplines show, first, according to artificially clear and decanted systems, the way in which systems of objective finality and systems of communication and power can be welded together. They also display different models of articulation, sometimes giving preeminence to power relations and obedience (as in those disciplines of a monastic or penitential type), sometimes to goal-directed activities (as in the disciplines of workshops or hospitals), sometimes to relationships of communication (as in the disciplines of apprenticeship), sometimes also to a saturation of the three types of relationship (as perhaps in military discipline, where a plethora of signs indicates, to the point of redundancy, tightly knit power relations calculated with care to produce a certain number of technical effects).

What is to be understood by the disciplining of societies in Europe since the eighteenth century is not, of course, that the individuals who are part of them become more and more obedient, nor that all societies become like barracks, schools, or prisons; rather, it is that an increasingly controlled, more rational, and economic process of adjustment has been sought between productive activities, communications networks, and the play of power relations.

To approach the theme of power by an analysis of "how" is therefore to introduce several critical shifts in relation to the supposition of a fundamental power. It is to give oneself as the object of analysis *power relations* and not power itself—power relations that are distinct from objective capacities as well as from relations of communication, power relations that can be grasped in the diversity of their linkages to these capacities and relations.

WHAT CONSTITUTES THE SPECIFICITY
OF POWER RELATIONS?

The exercise of power is not simply a relationship between "partners," individual or collective; it is a way in which some act on others. Which is to say, of course, that there is no such entity as power, with or without a capital letter; global, massive, or diffused; concentrated or distributed. Power exists only as exercised by some on others, only when it is put into action, even though, of course, it is inscribed in a field of sparse available possibilities underpinned by permanent structures. This also means that power is not a matter of consent. In itself, it is not the renunciation of freedom, a transfer of rights, or power of each and all delegated to a few (which does not prevent the possibility that consent may be a condition for the existence or the maintenance of a power relation); the relationship of power may be an effect of a prior or permanent consent, but it is not by nature the manifestation of a consensus.

Is this to say that one must seek the character proper to power relations in the violence that must have been its primitive form, its permanent secret, and last resort, that which in the final analysis appears as its real nature when it is forced to throw aside its mask and to show itself as it really is? In effect, what defines a relationship of power is that it is a mode of action that does not act directly and immediately on others. Instead, it acts upon their actions: an action upon an action, on possible or actual future or present actions. A relationship of violence acts upon a body or upon things; it forces, it bends, it breaks, it destroys, or it closes off all possibilities. Its opposite pole can only be passivity, and if it comes up against any resistance it has no other option but to try to break it down. A power relationship, on the other hand, can only be articulated on the basis of two elements that are indispensable if it is really to be a power relationship: that "the other" (the one over whom power is exercised) is recognized and maintained to the very end as a subject who acts; and that, faced with a relationship of power, a whole field of responses, reactions, results, and possible inventions may open up.

Obviously the establishing of power relations does not exclude the use of violence any more than it does the obtaining of consent; no doubt, the exercise of power can never do without one or the

other, often both at the same time. But even though consent and violence are instruments or results, they do not constitute the principle or basic nature of power. The exercise of power can produce as much acceptance as may be wished for: it can pile up the dead and shelter itself behind whatever threats it can imagine. In itself, the exercise of power is not a violence that sometimes hides, or an implicitly renewed consent. It operates on the field of possibilities in which the behavior of active subjects is able to inscribe itself. It is a set of actions on possible actions; it incites, it induces, it seduces, it makes easier or more difficult; it releases or contrives, makes more probable or less; in the extreme, it constrains or forbids absolutely, but it is always a way of acting upon one or more acting subjects by virtue of their acting or being capable of action. A set of actions upon other actions.

Perhaps the equivocal nature of the term "conduct" is one of the best aids for coming to terms with the specificity of power relations. To "conduct" is at the same time to "lead" others (according to mechanisms of coercion that are, to varying degrees, strict) and a way of behaving within a more or less open field of possibilities.² The exercise of power is a "conduct of conducts" and a management of possibilities. Basically, power is less a confrontation between two adversaries or their mutual engagement than a question of "government." This word must be allowed the very broad meaning it had in the sixteenth century. "Government" did not refer only to political structures or to the management of states; rather, it designated the way in which the conduct of individuals or of groups might be directed—the government of children, of souls, of communities, of families, of the sick. It covered not only the legitimately constituted forms of political or economic subjection but also modes of action, more or less considered and calculated, that were destined to act upon the possibilities of action of other people. To govern, in this sense, is to structure the possible field of action of others. The relationship proper to power would therefore be sought not on the side of violence or of struggle, nor on that of voluntary contracts (all of which can, at best, only be the instruments of power) but, rather, in the area of that singular mode of action, neither warlike nor juridical, which is government.

When one defines the exercise of power as a mode of action upon the actions of others, when one characterizes these actions as the

government of men by other men—in the broadest sense of the term—one includes an important element: freedom. Power is exercised only over free subjects, and only insofar as they are “free.” By this we mean individual or collective subjects who are faced with a field of possibilities in which several kinds of conduct, several ways of reacting and modes of behavior are available. Where the determining factors are exhaustive, there is no relationship of power: slavery is not a power relationship when a man is in chains, only when he has some possible mobility, even a chance of escape. (In this case it is a question of a physical relationship of constraint.) Consequently, there is not a face-to-face confrontation of power and freedom as mutually exclusive facts (freedom disappearing everywhere power is exercised) but a much more complicated interplay. In this game, freedom may well appear as the condition for the exercise of power (at the same time its precondition, since freedom must exist for power to be exerted, and also its permanent support, since without the possibility of recalcitrance power would be equivalent to a physical determination).

The power relationship and freedom’s refusal to submit cannot therefore be separated. The crucial problem of power is not that of voluntary servitude (how could we seek to be slaves?). At the very heart of the power relationship, and constantly provoking it, are the recalcitrance of the will and the intransigence of freedom. Rather than speaking of an essential antagonism, it would be better to speak of an “agonism”³—of a relationship that is at the same time mutual incitement and struggle; less of a face-to-face confrontation that paralyzes both sides than a permanent provocation.

HOW IS ONE TO ANALYZE THE POWER RELATIONSHIP?

One can analyze such relationships or, rather, I should say that it is perfectly legitimate to do so by focusing on carefully defined institutions. The latter constitute a privileged point of observation, diversified, concentrated, put in order, and carried through to the highest point of their efficacy. It is here that, as a first approximation, one might expect to see the appearance of the form and logic of their elementary mechanisms. However, the analysis of power relations as one finds them in certain closed institutions presents a

certain number of problems. First, the fact that an important part of the mechanisms put into operation by an institution are designed to ensure its own preservation brings with it the risk of deciphering functions that are essentially reproductive, especially in power relations within institutions. Second, in analyzing power relations from the standpoint of institutions, one lays oneself open to seeking the explanation and the origin of the former in the latter, that is to say in sum, to explain power by power. Finally, insofar as institutions act essentially by bringing into play two elements, explicit or tacit regulations and an apparatus, one risks giving to one or the other an exaggerated privilege in the relations of power and, hence, seeing in the latter only modulations of law and coercion.

This is not to deny the importance of institutions in the establishment of power relations but, rather, to suggest that one must analyze institutions from the standpoint of power relations, rather than vice versa, and that the fundamental point of anchorage of the relationships, even if they are embodied and crystallized in an institution, is to be found outside the institution.

Let us come back to the definition of the exercise of power as a way in which certain actions may structure the field of other possible actions. What would be proper to a relationship of power, then, is that it be a mode of action on actions. That is, power relations are rooted deep in the social nexus, not a supplementary structure over and above “society” whose radical effacement one could perhaps dream of. To live in society is, in any event, to live in such a way that some can act on the actions of others. A society without power relations can only be an abstraction. Which, be it said in passing, makes all the more politically necessary the analysis of power relations in a given society, their historical formation, the source of their strength or fragility, the conditions that are necessary to transform some or to abolish others. For to say that there cannot be a society without power relations is not to say either that those which are established are necessary, or that power in any event, constitutes an inescapable fatality at the heart of societies, such that it cannot be undermined. Instead, I would say that the analysis, elaboration, and bringing into question of power relations and the “agonism” between power relations and the intransitivity of freedom is an increasingly political task—even, the political task that is inherent in all social existence.

Concretely, the analysis of power relations demands that a certain number of points be established:

1. *The system of differentiations* that permits one to act upon the actions of others: juridical and traditional differences of status or privilege; economic differences in the appropriation of wealth and goods, differing positions within the processes of production, linguistic or cultural differences, differences in know-how and competence, and so forth. Every relationship of power puts into operation differences that are, at the same time, its conditions and its results.
2. *The types of objectives* pursued by those who act upon the actions of others: maintenance of privileges, accumulation of profits, the exercise of statutory authority, the exercise of a function or a trade.
3. *Instrumental modes*: whether power is exercised by the threat of arms, by the effects of speech, through economic disparities, by more or less complex means of control, by systems of surveillance, with or without archives, by rules, explicit or not, fixed or modifiable, with or without the material means of enforcement.
4. *Forms of institutionalization*: these may mix traditional conditions, legal structures, matters of habit or fashion (such as one sees in the institution of the family); they can also take the form of an apparatus closed in upon itself, with its specific loci, its own regulations, its hierarchical structures that are carefully defined, a relative autonomy in its functioning (such as scholastic or military institutions); they can also form very complex systems endowed with multiple apparatuses, as in the case of the state, whose function is the taking of everything under its wing, to be the global overseer, the principle of regulation and, to a certain extent also, the distributor of all power relations in a given social ensemble.
5. *The degrees of rationalization*: the bringing into play of power relations as action in a field of possibilities may be more or less elaborate in terms of the effectiveness of its instruments

and the certainty of its results (greater or lesser technological refinements employed in the exercise of power) or, again, in proportion to the possible cost (economic cost of the means used, or the cost in terms of the resistance encountered). The exercise of power is not a naked fact, an institutional given, nor is it a structure that holds out or is smashed: it is something that is elaborated, transformed, organized; it endows itself with processes that are more or less adjusted to the situation.

One sees why the analysis of power relations within a society cannot be reduced to the study of a series of institutions or even to the study of all those institutions that would merit the name "political." Power relations are rooted in the whole network of the social. This is not to say, however, that there is a primary and fundamental principle of power which dominates society down to the smallest detail; but, based on this possibility of action on the action of others that is coextensive with every social relationship, various kinds of individual disparity, of objectives, of the given application of power over ourselves or others, of more or less partial or universal institutionalization and more or less deliberate organization, will define different forms of power. The forms and the specific situations of the government of some by others in a given society are multiple; they are superimposed, they cross over, limit and in some cases annul, in others reinforce, one another. It is certain that, in contemporary societies, the state is not simply one of the forms of specific situations of the exercise of power—even if it is the most important—but that, in a certain way, all other forms of power relation must refer to it. But this is not because they are derived from it; rather, it is because power relations have come more and more under state control (although this state control has not taken the same form in pedagogical, judicial, economic, or family systems). Using here the restricted meaning of the word "government," one could say that power relations have been progressively governmentalized, that is to say, elaborated, rationalized, and centralized in the form of, or under the auspices of, state institutions.

RELATIONS OF POWER AND RELATIONS
OF STRATEGY

The word "strategy" is currently employed in three ways. First, to designate the means employed to attain a certain end; it is a question of rationality functioning to arrive at an objective. Second, to designate the way in which a partner in a certain game acts with regard to what he thinks should be the action of the others and what he considers the others think to be his own; it is the way in which one seeks to have the advantage over others. Third, to designate the procedures used in a situation of confrontation to deprive the opponent of his means of combat and to reduce him to giving up the struggle; it is a question, therefore, of the means destined to obtain victory. These three meanings come together in situations of confrontation—war or games—where the objective is to act on an adversary in such a way as to render the struggle impossible for him. So strategy is defined by the choice of winning solutions. But it must be borne in mind that this is a very special type of situation, and that there are others in which the distinctions between the different senses of the word "strategy" must be maintained.

Referring to the first sense I have indicated, one may call some systems of power strategy the totality of the means put into operation to implement power effectively or to maintain it. One may also speak of a strategy proper to power relations insofar as they constitute modes of action on possible action, the action of others. Thus, one can interpret the mechanisms brought into play in power relations in terms of strategies. Obviously, though, most important is the relationship between power relations and confrontation strategies. For, if it is true that at the heart of power relations and as a permanent condition of their existence there is an insubordination and a certain essential obstinacy on the part of the principles of freedom, then there is no relationship of power without the means of escape or possible flight. Every power relationship implies, at least in potentia, a strategy of struggle, in which the two forces are not superimposed, do not lose their specific nature, or do not finally become confused. Each constitutes for the other a kind of permanent limit, a point of possible reversal. A relationship of confrontation reaches its term, its final moment (and the victory of one of the two adversaries) when stable mechanisms replace the free play

of antagonistic reactions. Through such mechanisms one can direct, in a fairly constant manner and with reasonable certainty, the conduct of others. For a relationship of confrontation, from the moment it is not a struggle to the death, the fixing of a power relationship becomes a target—at one and the same time its fulfillment and its suspension. And, in return, the strategy of struggle also constitutes a frontier for the relationship of power, the line at which, instead of manipulating and inducing actions in a calculated manner, one must be content with reacting to them after the event. It would not be possible for power relations to exist without points of insubordination that, by definition, are means of escape. Accordingly, every intensification or extension of power relations intended to wholly suppress these points of insubordination can only bring the exercise of power up against its outer limits. It reaches its final term either in a type of action that reduces the other to total impotence (in which case victory over the adversary replaces the exercise of power) or by a confrontation with those whom one governs and their transformation into adversaries. Which is to say, that every strategy of confrontation dreams of becoming a relationship of power and every relationship of power tends, both through its intrinsic course of development and when frontally encountering resistances, to become a winning strategy.

In fact, between a relationship of power and a strategy of struggle there is a reciprocal appeal, a perpetual linking and a perpetual reversal. At every moment, the relationship of power may become a confrontation between two adversaries. Equally, the relationship between adversaries in society may, at every moment, give place to the putting into operation of mechanisms of power. The consequence of this instability is the ability to decipher the same events and the same transformations either from inside the history of struggle or from the standpoint of the power relationships. The resulting interpretations will not consist of the same elements of meaning or the same links or the same types of intelligibility, though they refer to the same historical fabric, and each of the two analyses must have reference to the other. In fact, it is precisely the disparities between the two readings that make visible those fundamental phenomena of "domination" that are present in a large number of human societies.

Domination is, in fact, a general structure of power whose ram-

ifications and consequences can sometimes be found reaching down into the fine fabric of society. But, at the same time, it is a strategic situation, more or less taken for granted and consolidated, within a long-term confrontation between adversaries. It can certainly happen that the fact of domination may only be the transcription of a mechanism of power resulting from confrontation and its consequences (a political structure stemming from invasion); it may also be that a relationship of struggle between two adversaries is the result of power relations with the conflicts and cleavages they engender. But what makes the domination of a group, a caste, or a class, together with the resistance and revolts that domination comes up against, a central phenomenon in the history of societies is that they manifest in a massive and global form, at the level of the whole social body, the locking-together of power relations with relations of strategy and the results proceeding from their interaction.

NOTES

- * This text first appeared in English in 1982 as an appendix to Hubert Dryfus and Paul Rabinow's *Michel Foucault: Beyond Structuralism and Hermeneutics*. [eds.]
- 1 When Jürgen Habermas distinguishes between domination, communication, and finalized activity, I think that he sees in them not three separate domains but, rather, three "transcendentals."
 - 2 Foucault is playing on the double meaning in French of the verb *conduire* (to lead or to drive) and *se conduire* (to behave or conduct oneself)—whence *la conduite*, conduct or behavior—TRANS.
 - 3 Foucault's neologism is based on the Greek *agōnisma* meaning "a combat." The term would hence imply a physical contest in which the opponents develop a strategy of reaction and of mutual taunting, as in a wrestling match—TRANS.

SPACE, KNOWLEDGE, AND POWER

Q: *In your interview with geographers at Herodote,¹ you said that architecture becomes political at the end of the eighteenth century.² Obviously, it was political in earlier periods, too, such as during the Roman Empire. What is particular about the eighteenth century?*

A: My statement was awkward in that form. Of course I did not mean to say that architecture was not political before, becoming so only at that time. I meant only to say that in the eighteenth century one sees the development of reflection upon architecture as a function of the aims and techniques of the government of societies. One begins to see a form of political literature that addresses what the order of a society should be, what a city should be, given the requirements of the maintenance of order; given that one should avoid epidemics, avoid revolts, permit a decent and moral family life, and so on. In terms of these objectives, how is one to conceive of both the organization of a city and the construction of a collective infrastructure? And how should houses be built? I am saying not that this sort of reflection appears only in the eighteenth century, but only that in the eighteenth century a very broad and general reflection on these questions takes place. If one opens a police report of the times—the treatises that are devoted to the techniques of government—one finds that architecture and urbanism occupy a place of considerable importance. That is what I meant to say.

Q: *Among the ancients, in Rome or Greece, what was the difference?*

A: In discussing Rome, one sees that the problem revolves around